

PSHE policy

Baltonsborough CE VC Primary School



Approved by: Policy Reading Group

Date: December 2022

Last reviewed on: December 2022

Next review due by: December 2025

Baltonsborough CEVC Primary School

Hand in hand we live and learn

PSHE Policy 2022/2023

Introduction

This policy covers our approach to Personal, Social, Health and Economic education (PSHE) and Citizenship education. It aims to set out the purpose of PSHE and Citizenship education and the intended outcomes for pupils; it also includes our curriculum coverage and how it is delivered.

Contextual Statement

Baltonsborough CEVC Primary School is a small village primary school, taking children from the local village and surrounding small towns of Glastonbury and Street. It is a church of England voluntary controlled school enjoying close links with the church and community. The children are from a wide range of backgrounds, including some from the families of settled travellers.

This policy takes into consideration the following legal requirements, national strategies and government guidance:

- Education Act ^[1996]_[SEP]
- Academies Act ^[2010]_[SEP]
- Department for Education Guidance for Personal, Social, Health and Economic (PSHE) Education 2020 ^[2020]_[SEP]
- Department for Education Guidance for the teaching of the statutory Relationships Education, Relationships and Sex Education (RSE) and Health Education 2020

We believe PSHE and Citizenship education is integral to many aspects of school life and this policy should be cross-referenced to the following related policies:

- Equality and Diversity
- ^[2020]_[SEP] Relationships and Sex Education

- Safeguarding and Child Protection
- Confidentiality
- Behaviour and Attendance^[1]
- Anti-Bullying
- ^[1]• Continuing Professional Development

Rationale

PSHE and Citizenship education is currently a non-statutory subject. However, section 2.5 of the national curriculum asserts all state schools 'should make provision for personal, social, health and economic education (PSHE)'. The PSHE Association states that, 'PSHE education contributes to schools' statutory duties outlined in the Education Act 2002 and the Academies Act 2010 to provide a balanced and broadly-based curriculum and is essential to Ofsted judgements in relation to personal development, behaviour, welfare and safeguarding.' In addition, the Relationships and Health and Wellbeing areas of PSHE and Citizenship education have been compulsory in primary schools since September 2020.

We believe PSHE and Citizenship education is an important and necessary part of all pupils' education. In our school, it is a key element of school life and, as well as explicit teaching sessions, which will draw on good practice and national recommendations, it will be built into many aspects of the wider curriculum. Our school believes PSHE and Citizenship education is a shared responsibility of school staff, parents, carers, pupils and, where appropriate, the wider community.

Aims

PSHE and Citizenship education in our school aims to explore the knowledge and understanding children need to stay safe, be happy and healthy and fulfil their potential, while also preparing them for life, both in the present and future. It also aims to equip children with the skills they need to live successfully as citizens of the communities to which they belong and enables them to celebrate diversity and treat all people with kindness and respect. PSHE and Citizenship education in our school also aims to encourage children to develop positive mental health and emotional wellbeing, by empowering them with the knowledge of why this

is important and how it can be achieved. We want to educate the whole child through our PSHE and Citizenship education and believe this positively impacts the individual, the school community, the wider community and the global community - both present and future.

The management and organisation of PSHE and Citizenship education

Our **governing body** will work closely with school staff to monitor the teaching and learning of PSHE and Citizenship education.

Our **headteacher** and **senior leaders** will support ^{SEP} all staff in school in the preparation and delivery of PSHE and Citizenship education and work to create a school ethos, which supports and upholds content in the curriculum.

Our PSHE and Citizenship education **subject leader** will create and implement a whole school scheme of work appropriate to our school setting. They will also support and monitor teaching and learning in this area.

Our **class teachers** will deliver high quality weekly PSHE and Citizenship education lessons, which follow the school's scheme of work and current best practice.

Our **support staff** will enhance the delivery of PSHE and Citizenship by providing targeted intervention wherever needed.

Our **pupils** will engage respectfully and responsibly with all taught content.

Our **parents and carers** will be fully informed about what their children will be learning and will be actively encouraged to participate in the curriculum where appropriate.

The Delivery of the PSHE and Citizenship Scheme of Work

In our school, PSHE and Citizenship education will be delivered in a way which is accessible to and inclusive of all pupils. These lessons will involve a variety of teaching methods and interactive activities to encourage pupil engagement. We aim to create a safe and supportive climate for learning in which all children can thrive, feel able to ask questions and discuss issues openly.

All of our pupils will participate in weekly PSHE and Citizenship education

lessons and these will be taught by staff who are trained in delivering the specific content of the lessons. Ground rules will be established in class and pupils will be reminded regularly of these. Special consideration will be given when teaching particularly sensitive content; staff will be fully aware of the children in their class and how they might relate to the lesson content, providing extra support to enable participation. Each class has a question box, which gives pupils the option of writing down their questions and receiving an answer on a one-to-one basis, rather than in front of the whole class. Distancing techniques will be employed in all PSHE and Citizenship education lessons, meaning that children are able to engage with and explore issues deeply without having to discuss their own lives and experiences.

The Content of the PSHE and Citizenship Education Scheme of Work

We use the Twinkl Life PSHE and Citizenship education scheme of work throughout school years 1 to 6. This scheme of work and all of its resources have been produced to be fully in line with the Learning Outcomes and Core Themes outlined in the 2020 PSHE Association Programme of Study which is widely used by schools in England and is recommended and referred to by the DfE in all key documentation relating to PSHE provision in schools. The EYFS work to the standards in the PSED area of their curriculum, details of which can be found in the curriculum policy.

All aims are taught through the three core areas of PSHE and Citizenship education, which are: Health and Wellbeing, Relationships and Living in the Wider World. All lessons will cover content in an age-appropriate manner.

Health and Wellbeing lessons will explore physical wellbeing, healthy lifestyles, mental health, growing and changing, keeping safe and drugs, alcohol and tobacco.

Relationships lessons will explore families and close positive relationships, friendships, managing hurtful behaviour and bullying, safe relationships and respecting self and others.

Living in the Wider World lessons will explore our shared responsibilities, communities, media literacy and digital resilience and economic wellbeing (money and aspirations, work and career) and British Values.